

Overall - Individual

Lough Neagh Triathlon Sat 15th August 2009

Place	Bib	cat	Name	club	Swim	Trans1	Cycle	trans2	run	finish
1	249	M20-24	David GRAHAM		00:17:08	00:00:45	01:06:14	00:00:40	00:38:43	02:03:30
2	74	M20-24	James DAVENPORT	pulse tri club	00:19:47	00:00:57	01:04:44	00:00:49	00:41:31	02:07:48
3	169	M40-44	Matt MOLLOY	Bike and Run	00:19:17	00:01:05	01:07:29	00:00:54	00:39:17	02:08:03
4	181	M20-24	Conor MURPHY		00:19:23	00:00:40	01:10:15	00:00:30	00:37:22	02:08:11
5	129	M25-29	Bjorn LUDICK	Wicklow Tri	00:19:18	00:01:02	01:07:32	00:00:40	00:40:22	02:08:55
6	133	M40-44	Gerry MC CABE	setanta	00:25:55	00:00:37	01:02:42	00:00:34	00:40:57	02:10:45
7	148	M25-29	Bryan MCCRYSTAL	Setanta	00:24:49	00:00:42	01:02:48	00:00:36	00:42:46	02:11:41
8	131	M35-39	Owen MARTIN	setanta tri	00:25:15	00:01:04	01:05:41	00:00:37	00:39:39	02:12:17
9	68	M20-24	Ross COLLINS	Newry	00:25:31	00:00:53	01:09:36	00:00:43	00:39:12	02:15:56
10	113	M30-34	Mark HORAN	Pulse Tri	00:25:34	00:01:14	01:08:01	00:00:44	00:41:53	02:17:27
11	211	M35-39	Colm QUIGLEY	n w t c	00:20:43	00:00:51	01:10:11	00:00:49	00:45:24	02:17:58
12	107	M40-44	Stephen HARKENS		00:27:57	00:01:18	01:09:07	00:00:51	00:40:40	02:19:54
13	246	M30-34	Oliver HARKIN		00:25:17	00:00:52	01:09:50	00:00:40	00:43:44	02:20:23
14	207	M25-29	Colin POLLOCK	TriCW	00:24:46	00:01:02	01:11:31	00:00:42	00:42:54	02:20:55
16	236	M30-34	Adam WILSON	Triangle Triathlon Club	00:25:40	00:01:05	01:12:37	00:00:35	00:42:21	02:22:18
17	128	M45-49	Dave LONNEN		00:27:21	00:01:05	01:11:58	00:00:51	00:41:31	02:22:45
18	86	M30-34	Dessie DUFFY	none	00:25:51	00:01:10	01:11:25	00:00:51	00:43:39	02:22:55
19	248	M25-29	andy LEE		00:25:08	00:00:58	01:11:18	00:00:43	00:45:16	02:23:23
20	223	M30-34	Stuart SHANNON	N/A	00:26:01	00:01:19	01:13:48	00:00:45	00:41:52	02:23:44
21	70	M20-24	Shannon CONNOLLY	Queens Univeristy Belfast	00:25:20	00:00:57	01:15:18	00:00:49	00:41:26	02:23:49
22	237	M40-44	Norman WILSON	peninsula	00:27:01	00:01:23	01:10:33	00:00:47	00:44:17	02:24:00
23	111	M45-49	Eamon HILL	Olympian T.C	00:26:02	00:00:52	01:13:23	00:00:44	00:43:46	02:24:47
24	141	M50-54	Johnny MC CABE	Setanta Tri	00:26:16	00:00:53	01:13:04	00:00:41	00:44:34	02:25:28
25	146	M40-44	Paul MCCONNELLOGUE	North West Tri	00:24:27	00:01:27	01:11:23	00:00:51	00:47:23	02:25:31
26	215	M30-34	Antoine RIVOIRE	Peninsula tri	00:25:03	00:01:30	01:13:45	00:00:46	00:44:44	02:25:48
27	191	M30-34	Gary O'DONNELL	NORTH WEST TRI CLUB	00:25:11	00:00:53	01:14:15	00:00:44	00:44:59	02:26:02
28	93	M45-49	Jarlath FEARON	North west Tri	00:25:32	00:01:19	01:13:52	00:00:47	00:46:00	02:27:30
29	73	M30-34	Darren CRANSTON	Phoenix Triathlon Club	00:22:29	00:00:59	01:15:41	00:00:48	00:48:53	02:28:50
30	16	F30-34	Mary LAVERTY	Setanta	00:26:18	00:01:08	01:16:09	00:00:47	00:44:55	02:29:17
31	187	M35-39	Casey NIALL	setanta	00:27:06	00:01:25	01:11:49	00:00:47	00:48:25	02:29:32
32	80	M25-29	David DOLLARD	Setanta	00:26:24	00:01:30	01:13:12	00:00:47	00:47:46	02:29:40
33	90	M35-39	Damian EANNETTA		00:28:34	00:01:08	01:14:45	00:00:52	00:44:41	02:30:00

35	65	M25-29	Barry CASEY	Setanta Tri	00:28:08	00:01:44	01:11:15	00:01:02	00:48:01	02:30:10
34	104	M35-39	Stephen GUY		00:26:17	00:01:28	01:14:30	00:01:08	00:46:48	02:30:10
36	204	M50-54	Peter OVERVOORDE	Barracuda Triathlon Club	00:26:54	00:01:31	01:12:48	00:01:16	00:48:08	02:30:36
37	162	M30-34	Conor MC NAMARA	t3	00:25:43	00:01:34	01:14:26	00:01:09	00:47:47	02:30:39
38	77	M30-34	Brendan DOHERTY	NORTHWEST	00:26:08	00:01:20	01:15:22	00:00:57	00:47:28	02:31:15
39	214	M20-24	Mark RAFFERTY	Setanta	00:28:04	00:01:17	01:16:09	00:00:48	00:45:01	02:31:18
40	66	M40-44	Richard CATTLE	Belpark	00:26:28	00:00:59	01:14:22	00:01:04	00:48:32	02:31:24
41	92	M35-39	Jarlath FARMER		00:31:47	00:01:39	01:12:06	00:01:12	00:44:49	02:31:31
42	228	M40-44	Colin TEEVAN	setanta	00:25:33	00:01:13	01:14:44	00:00:54	00:49:21	02:31:44
43	235	M50-54	Leslie WILKINSON	peninsula	00:27:03	00:01:00	01:19:03	00:00:50	00:44:02	02:31:58
44	227	M55-59	Gary SWENARTON	Peninsula	00:26:44	00:01:21	01:15:47	00:00:50	00:47:23	02:32:05
46	88	M25-29	Darragh DUNNE	Limerick Tri Club	00:25:07	00:01:14	01:12:44	00:00:49	00:52:21	02:32:15
45	234	M45-49	Nick WALSH	Piranha	00:26:36	00:01:38	01:15:04	00:01:06	00:47:52	02:32:15
47	213	M40-44	Bill RAFFERTY	Olympian	00:24:56	00:01:04	01:16:54	00:00:50	00:49:06	02:32:51
48	160	M25-29	John MC MANUS	Queens Triathlon Club	00:28:39	00:01:20	01:16:53	00:01:04	00:45:13	02:33:07
50	122	M45-49	Gary KENDALL	TRIANGLE	00:27:22	00:01:41	01:13:07	00:01:01	00:50:14	02:33:24
52	89	M35-39	Conor EANNETTA		00:26:02	00:01:34	01:13:27	00:00:55	00:52:38	02:34:36
53	76	M30-34	Keith DAWSON		00:31:09	00:01:49	01:15:14	00:00:55	00:45:46	02:34:52
54	112	M25-29	Jonathan HOOPER	QueensTriathlon	00:25:58	00:00:50	01:16:40	00:00:48	00:50:46	02:35:02
55	152	M45-49	Paul MCGILLOWAY	north west derry	00:27:32	00:01:20	01:17:53	00:00:58	00:47:40	02:35:22
56	52	M30-34	Matt ARMSTRONG		00:26:13	00:01:17	01:14:27	00:00:41	00:53:01	02:35:38
57	75	M25-29	Russell DAVIDSON		00:28:31	00:01:05	01:16:14	00:00:55	00:48:55	02:35:40
58	163	M40-44	Tony MC NULTY	olympian	00:25:54	00:01:01	01:18:07	00:00:59	00:50:18	02:36:18
59	71	M55-59	James COOKE	Olympia	00:26:10	00:01:24	01:16:58	00:01:10	00:50:46	02:36:28
60	137	M40-44	Shane MC GALE	omagh harriers	00:25:18	00:01:28	01:22:44	00:01:01	00:46:26	02:36:57
61	139	M30-34	Patrick MC LAUGHLIN	Northwest Triathlon Club	00:26:03	00:01:18	01:20:04	00:00:53	00:48:51	02:37:10
62	196	M30-34	Gavin O'KANE	Triangle	00:26:20	00:01:43	01:17:20	00:01:21	00:51:24	02:38:07
63	177	M45-49	John Joe MULDOON	Triangle Triathlon Club	00:25:52	00:01:27	01:23:19	00:01:03	00:46:32	02:38:11
64	198	M55-59	Brendan O'NEILL	Cork Triathlon Club	00:26:02	00:01:27	01:19:34	00:01:19	00:50:01	02:38:23
65	83	M30-34	Niall DONOVAN		00:30:47	00:02:28	01:16:29	00:01:02	00:47:43	02:38:29
66	10	F40-44	Kay HACK	TRIANGLE	00:27:07	00:01:17	01:16:32	00:01:03	00:52:31	02:38:30
67	176	M25-29	Gabriel MULDOON	Triangle Triathlon Club	00:27:39	00:01:24	01:22:25	00:00:51	00:46:16	02:38:34
68	87	M50-54	Frank DUNLOP	North west Tri	00:25:55	00:01:25	01:14:49	00:01:07	00:55:21	02:38:36
69	28	F40-44	Anne O'LEARY	Piranha	00:25:38	00:01:15	01:24:43	00:00:52	00:46:29	02:38:58
70	195	M30-34	Patrick O'HARE	Olympian Triathlon Club	00:31:56	00:01:15	01:17:34	00:00:47	00:47:29	02:39:01
71	173	M45-49	Ashley MOORE		00:26:43	00:01:28	01:16:34	00:01:03	00:53:21	02:39:09
72	97	M35-39	Robert GALLAGHER	none	00:28:14	00:01:35	01:20:08	00:01:21	00:48:18	02:39:37

73	174	M35-39	Craig MOORE	Belpark	00:25:56	00:01:09	01:20:03	00:00:50	00:52:27	02:40:24
74	183	M45-49	Kevin MURPHY	Triangle Tri Club	00:27:22	00:01:50	01:22:31	00:01:15	00:48:36	02:41:34
75	33	F20-24	Angela SPEIGHT		00:27:26	00:01:26	01:26:49	00:01:05	00:45:00	02:41:46
76	172	M40-44	Graeme MONTGOMERY		00:27:40	00:01:38	01:19:59	00:00:49	00:51:53	02:41:59
77	247	M40-44	stephen MCKAY		00:26:22	00:01:04	01:20:52	00:00:56	00:53:20	02:42:34
78	197	M35-39	Jack OLDEN	Piranha	00:26:00	00:01:36	01:17:32	00:01:03	00:56:26	02:42:37
79	60	M45-49	Paul BROWN	Ards	00:30:15	00:01:56	01:20:02	00:01:17	00:49:20	02:42:49
80	166	M20-24	Michael MILLAR		00:30:08	00:02:22	01:16:45	00:01:17	00:52:21	02:42:54
81	34	F20-24	Kelly-Anne SPEIGHT	Dundee Uni Tri	00:26:53	00:00:57	01:24:47	00:00:54	00:49:33	02:43:04
82	262	F35-39	Fionnula NÍ BHRADAIGH		00:31:50	00:01:31	01:22:13	00:00:46	00:46:50	02:43:09
83	178	M35-39	Martin MULDOON	Serpentine Running Club	00:26:01	00:01:52	01:34:31	00:00:51	00:40:20	02:43:34
84	8	F35-39	Sheena DULLAGHAN	setanta	00:29:33	00:01:51	01:20:23	00:01:40	00:50:12	02:43:39
85	200	M30-34	Kyran O'NEILL		00:28:56	00:02:02	01:18:53	00:01:36	00:52:33	02:43:59
86	22	F30-34	Celine MC PHILLIPS	setanta	00:28:36	00:01:23	01:17:04	00:00:56	00:56:03	02:44:01
87	150	M30-34	Neil MCDONALD	Newry Triathlon Club	00:25:53	00:01:18	01:24:45	00:00:58	00:51:12	02:44:06
88	54	M35-39	James BEATTIE	N.W.T.C.	00:25:48	00:01:32	01:21:55	00:01:01	00:54:02	02:44:18
89	82	M30-34	Paul DONNELLY		00:27:27	00:01:08	01:20:10	00:00:46	00:54:50	02:44:19
90	123	M45-49	Gerard KENNY	Setanta	00:35:01	00:01:13	01:17:09	00:00:49	00:50:26	02:44:39
91	120	M30-34	Bryan KELLY	none	00:27:33	00:01:12	01:23:09	00:00:55	00:52:00	02:44:49
92	117	M25-29	Rhys JONES	n/a	00:26:47	00:02:23	01:23:09	00:00:43	00:51:58	02:45:00
94	64	M25-29	Robert CARAHER	setanta	00:31:14	00:00:56	01:15:49	00:01:46	00:55:28	02:45:12
96	125	M40-44	David LAMBON	n/a	00:28:33	00:01:46	01:27:36	00:01:18	00:46:37	02:45:50
97	206	M30-34	Stefan PEDALL	The best Kraut in town	00:28:05	00:03:15	01:20:25	00:01:43	00:52:26	02:45:53
98	20	F30-34	Louise MACMAHON	T3	00:26:35	00:01:43	01:25:04	00:01:09	00:51:34	02:46:04
99	94	M35-39	Douglas FINLAY	triangle triathlon club	00:27:13	00:03:02	01:23:54	00:01:03	00:50:58	02:46:08
100	124	M25-29	Eoin LAMBERT	Phoenix Triathlon Club	00:28:28	00:01:31	01:22:02	00:00:57	00:53:13	02:46:11
101	221	M25-29	Mark SERGEANT		00:31:49	00:02:07	01:15:12	00:01:16	00:55:57	02:46:21
102	167	M30-34	Russell MILLIKEN		00:28:02	00:02:23	01:24:22	00:01:28	00:50:09	02:46:24
103	238	M35-39	Tim WOODSIDE	Hi Elbow	00:27:50	00:02:24	01:20:14	00:01:23	00:54:38	02:46:28
104	241	F30-34	Teresa MULROE		00:27:30	00:01:23	01:22:34	00:01:22	00:53:53	02:46:41
105	202	M35-39	Ed O'REILLY	T3	00:32:00	00:01:42	01:18:06	00:01:16	00:54:09	02:47:13
106	147	M40-44	Paul MCCORMAC	Apollo CT Ireland	00:34:38	00:02:38	01:13:27	00:01:02	00:55:30	02:47:15
107	119	M35-39	Ewan KEARNEY	Knackered Dads Tri Club	00:27:50	00:01:31	01:25:50	00:00:59	00:51:14	02:47:25
108	19	F30-34	Deirdre LYNN	Liquid Motion	00:26:45	00:01:18	01:24:04	00:00:42	00:54:38	02:47:28
109	154	M25-29	Sean MCINTYRE		00:28:32	00:03:22	01:19:31	00:01:13	00:54:57	02:47:35
110	201	M35-39	David O'PREY	newry tri club	00:28:16	00:01:11	01:19:38	00:00:54	00:58:07	02:48:05
111	31	F25-29	Maeve SAVAGE	HiElbow	00:28:09	00:01:34	01:23:25	00:01:05	00:54:01	02:48:15

112	193	M50-54	Desmond O'HAGAN	Apollo CT	00:29:26	00:02:34	01:22:42	00:01:28	00:52:09	02:48:18
113	130	M30-34	Niall MAGEE	QUB Tri	00:28:14	00:01:46	01:22:36	00:01:10	00:54:38	02:48:25
114	79	M35-39	Sean DOHERTY	North West Triathlon Club	00:25:13	00:01:14	01:22:10	00:00:52	00:59:04	02:48:33
115	205	M40-44	Richard PATTERSON		00:28:08	00:01:54	01:24:57	00:01:01	00:53:34	02:49:34
116	165	M25-29	Mark MILLAR		00:28:46	00:02:12	01:22:54	00:01:06	00:54:39	02:49:37
117	114	M40-44	David JENNINGS	none	00:27:56	00:01:55	01:16:07	00:01:17	01:03:04	02:50:19
118	136	M40-44	Paul MC ERLAIN	triangle tri club	00:32:53	00:02:05	01:25:11	00:01:28	00:48:45	02:50:21
119	110	M30-34	Colin HAWKINS		00:28:38	00:01:31	01:24:38	00:01:25	00:54:29	02:50:41
120	261	F35-39	Noelle MCDONALD		00:25:56	00:01:18	01:25:29	00:00:56	00:57:09	02:50:48
122	9	F45-49	Bernie GRIBBIN	Triangle	00:26:46	00:01:26	01:25:42	00:01:30	00:55:35	02:50:59
124	15	F25-29	Emma KERR	QUB Tri	00:31:47	00:01:51	01:23:47	00:01:22	00:52:29	02:51:16
125	61	M35-39	Paul BYRNE	Setanta	00:38:56	00:01:46	01:17:19	00:01:27	00:51:51	02:51:18
126	63	M35-39	David CALVERT	QUB Tri	00:28:36	00:01:25	01:22:24	00:00:54	00:58:12	02:51:31
127	23	F40-44	Alison MCCONNELL	Olympian	00:27:17	00:01:18	01:27:12	00:01:04	00:54:56	02:51:46
128	159	M45-49	John MC KIRGAN		00:27:46	00:03:31	01:24:38	00:01:55	00:54:42	02:52:32
129	56	M40-44	Peter BOTTINI		00:27:00	00:02:43	01:26:15	00:01:48	00:55:06	02:52:52
130	250	F30-34	Gillian RYAN		00:31:29	00:01:26	01:22:07	00:00:55	00:57:05	02:53:01
132	132	M55-59	Ken MATHEWS	Tri-Anglia	00:26:56	00:02:31	01:24:51	00:01:24	00:57:44	02:53:26
133	78	M30-34	Joseph DOHERTY	North West Triathlon	00:27:59	00:02:36	01:27:05	00:01:39	00:54:31	02:53:50
135	103	M35-39	Julian GRIMES	Triangle	00:36:27	00:01:54	01:24:52	00:01:39	00:49:35	02:54:28
134	170	M40-44	Raymond MONAGHAN	triangle triathlon club	00:30:02	00:02:17	01:26:47	00:01:40	00:53:42	02:54:28
136	109	M40-44	James HARKIN	norrth west triathlon club	00:28:13	00:02:26	01:25:10	00:01:16	00:58:06	02:55:11
137	232	M35-39	Olivier VAN PARYS	D3 Triathlon	00:27:43	00:02:09	01:27:50	00:01:41	00:56:26	02:55:50
138	26	F30-34	Aoife O SULLIVAN	NA	00:30:37	00:01:53	01:27:23	00:01:15	00:54:54	02:56:02
139	194	M45-49	Dwyer O'HAGAN		00:28:11	00:02:23	01:25:11	00:01:11	00:59:12	02:56:08
140	143	M35-39	Colin MCCARTAN		00:27:16	00:02:18	01:29:23	00:01:05	00:56:18	02:56:19
141	226	M40-44	Peter SWANN	Olympia Triathlon	00:31:30	00:01:50	01:24:33	00:02:11	00:56:46	02:56:50
142	209	M45-49	Stuart PRESTON		00:27:20	00:02:04	01:29:53	00:01:21	00:56:31	02:57:08
143	3	F35-39	Mairead CLARKE	Setanta	00:31:22	00:01:53	01:26:27	00:01:27	00:56:02	02:57:11
144	242	F40-44	Anne HANNAN		00:34:52	00:01:30	01:24:37	00:01:05	00:55:07	02:57:12
145	230	M30-34	Ronan TOLAND	Northwest Triathlon Club	00:31:45	00:01:37	01:32:50	00:01:07	00:49:54	02:57:12
146	1	F50-54	Heather BAMFORD	Olympian	00:26:30	00:01:40	01:27:15	00:01:09	01:01:14	02:57:48
147	98	M35-39	Colm GALLIGAN		00:26:45	00:01:43	01:24:24	00:03:20	01:01:48	02:58:00
148	192	M35-39	Paul O'GARA		00:28:44	00:02:29	01:25:34	00:01:29	01:00:30	02:58:47
149	179	M40-44	Sean JOHNSTON		00:35:43	00:02:08	01:22:03	00:01:29	00:57:32	02:58:56
150	24	F30-34	Jolene MELLON	Setanta	00:37:17	00:02:02	01:22:55	00:01:10	00:56:00	02:59:24
151	145	M35-39	Andrew MCCONNELL	Mountain Maniacs	00:26:55	00:03:10	01:31:15	00:02:11	00:56:06	02:59:37

152	101	M65+	Sam GORDON		00:29:33	00:02:17	01:20:45	00:03:25	01:03:50	02:59:50
153	229	M30-34	Roger TINSLEY		00:32:32	00:01:53	01:30:35	00:02:23	00:53:37	03:00:59
154	225	M35-39	Morrison STEPHEN		00:35:08	00:02:47	01:26:38	00:01:40	00:54:49	03:01:02
156	58	M50-54	Thomas BOTTINI		00:25:31	00:02:51	01:24:29	00:00:50	01:07:49	03:01:30
157	184	M50-54	Stephen MURPHY		00:30:26	00:02:38	01:34:37	00:01:03	00:54:08	03:02:52
158	245	M45-49	Chris MCSWIGGAN		00:26:30	00:01:40	01:29:49	00:01:15	01:03:59	03:03:14
159	2	F30-34	Sheila BYRNE		00:35:13	00:02:47	01:28:18	00:01:11	00:56:10	03:03:38
160	138	M35-39	Shane MC KEOWN	Newry Tri Club	00:39:17	00:02:06	01:23:24	00:01:33	00:57:26	03:03:46
161	127	M30-34	Evan LONERGAN		00:33:52	00:03:25	01:29:05	00:01:31	00:57:18	03:05:11
162	164	M25-29	Neil MELVILLE		00:36:02	00:02:05	01:34:41	00:00:54	00:51:39	03:05:20
163	135	M16-19	Philip MC DONALD		00:30:12	00:02:03	01:37:56	00:01:42	00:53:52	03:05:45
164	100	M30-34	Paul GLENDINNING		00:29:03	00:01:52	01:32:00	00:01:09	01:02:35	03:06:38
165	149	M50-54	Ross MCDONAGH	Newry	00:31:57	00:01:28	01:28:35	00:01:04	01:03:58	03:07:01
166	7	F45-49	Jacinta DOYLE		00:31:31	00:02:13	01:34:06	00:01:07	00:58:06	03:07:03
167	21	F40-44	Denise MATHERS	Newry Triathlon Club	00:37:22	00:01:49	01:34:21	00:01:01	00:52:53	03:07:26
168	81	M25-29	Jonathan DONNELLY	Can't Run Won't Run	00:34:54	00:02:00	01:21:11	00:01:56	01:07:28	03:07:29
169	115	M40-44	Paddy JOHNS		00:30:57	00:01:30	01:29:32	00:01:22	01:04:24	03:07:44
170	17	F30-34	Aoife LOGAN	North West Triathlon Club	00:26:15	00:01:34	01:27:42	00:01:19	01:12:19	03:09:09
171	171	M45-49	David MONTGOMERY	Peninsula	00:32:39	00:01:54	01:28:03	00:01:11	01:05:39	03:09:27
172	11	F45-49	Teresa HASTINGS	Triangle	00:35:28	00:02:22	01:35:58	00:00:48	00:55:33	03:10:10
173	72	M30-34	Gareth CORRY	Olympian	00:25:52	00:02:06	01:32:59	00:02:19	01:07:15	03:10:32
174	12	F30-34	Joanne HOPE	Lisburn AC	00:27:05	00:01:57	01:33:48	00:01:31	01:07:43	03:12:03
175	32	F25-29	Cordula SCHERER		00:28:50	00:03:12	01:28:07	00:02:34	01:09:57	03:12:40
176	175	M30-34	Daryl MORONEY		00:28:55	00:03:43	01:38:01	00:01:39	01:01:15	03:13:33
177	233	M45-49	Ken VANCE		00:29:36	00:02:10	01:25:09	00:01:58	01:14:57	03:13:52
178	121	M40-44	Mervyn KELLY		00:27:28	00:03:36	01:32:36	00:02:21	01:12:18	03:18:20
179	91	M30-34	Matt EGAN		00:29:42	00:02:45	01:34:43	00:01:53	01:09:47	03:18:49
180	14	F45-49	Linda KEERS		00:30:19	00:03:01	01:36:35	00:02:31	01:06:37	03:19:03
181	106	M30-34	Ronan HARBISON		00:37:05	00:04:38	01:29:10	00:03:01	01:06:21	03:20:16
183	189	M45-49	John O REILLY		00:31:39	00:03:48	01:48:07	00:02:32	01:03:18	03:29:25
184	69	M45-49	Gerard CONLON	None	00:33:29	00:02:40	01:41:12	00:01:26	01:17:19	03:36:05
185	13	F40-44	Eileen KEENAN	triangle triathlon club	00:31:21	00:03:41	01:46:47	00:01:40	01:13:13	03:36:42
186	102	M30-34	Stephen GRAHAM	Triangle TC	00:27:26	00:02:45	01:44:03	00:02:28	01:37:54	03:54:36
187	29	F25-29	Kelley RAFTER		00:40:53	00:04:22	01:53:14	00:02:24	01:17:19	03:58:12
196	6	F20-24	Joanne DORAN	NORTH WEST TRIATHLON CL	00:25:05	00:00:50				
197	96	M40-44	Paul FLETCHER	Triangle	00:25:49	00:01:03				
195	35	F20-24	Linda SWEENEY	Liquid Motion	00:28:33	00:03:24	01:57:16			

189	27	F30-34	Amy O'DONOVAN	TriCW	00:29:13	00:00:56	01:21:41	00:00:50
192	155	M20-24	Joseph MCKAY	QUBtri	00:29:24	00:02:41	01:27:01	00:01:38
190	182	M35-39	David MURPHY	Pulse	00:32:13	00:01:23	01:23:13	00:00:59
193	108	M35-39	Eamon HARKIN	North West Tri Club	00:27:31	00:02:38	01:31:40	00:01:15
194	142	M35-39	Darren MC CAMPBILL	QUB Tri	00:29:05	00:01:19	01:35:37	
188	239	M40-44	Rodney YOUNG	Triangle Triathlon Club	00:27:45	00:01:46	01:17:59	00:01:10
191	220	M50-54	Keith SCOTT		00:26:23	00:01:23	01:23:36	00:01:14
198	57	M50-54	Robert BOTTINI		00:29:14	00:05:23		